

Improving Our Relationship!

Creating a truly successful and fulfilling, Win-Win relationship!

1. This is how I would like our relationship to be!

(Describe your ideal relationship.)

2. These are the things I like about our relationship, and how they make me feel.

3. These are the things I don't like , and how they make me feel.

(Decide... As we move forward, do we want to create intimacy through pain or pleasure?)

4. These are things we can do to create the relationship we want.

5. Are we following through on the actions we planned?

6. Evaluate- What has improved and what still needs attention?

7. Share your appreciation each other, have fun, and dream some more!

*For more information about Future Visioning please visit us at TiCaine.com
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